

Peru

June 2012



06 Jun

Lima

Depart London Heathrow and arrive into Lima via Madrid.

Depart London Heathrow 07:25 Arrive Madrid 10:45
Depart Madrid 12:45 Arrive Lima 18:50

On arrival, private transfer to the Allpa Hotel for an overnight stay. A comfortable hotel located in the fashionable Miraflores area of the city.

Allpa Hotel / 1 x Standard Room / Breakfast

07 Jun

Arequipa

Private transfer to the airport to meet a flight to Arequipa.

Depart Lima 08:50 Arrive Arequipa 10:15



On arrival, private transfer to the Casa Andina Jerusalem for 2 nights. One of the best-equipped hotels in Arequipa, a large, contemporary construction of sillar (white volcanic stone) is very well located and with a full complement of facilities and services. Just a short walk to the Plaza de Armas and Santa Catalina Convent, the hotel is in a safe and relaxed neighborhood removed from the bustle of Arequipa's busy bars and downtown traffic. With a 4th-floor terrace and clear views of El Misti volcano, it's perfect for enjoying Arequipa's ever-present sunshine.

Afternoon at leisure.

Casa Andina Jerusalem / 1 x Traditional Room / Breakfast

08 Jun

Arequipa

Morning shared tour of the city and Santa Catalina Convent.

The attractive city of Arequipa is located at an altitude of 2353 metres, in a fertile valley surrounded by beautiful snow capped volcanoes. Many people refer to Arequipa as the 'White City', due to the white volcanic rock which has been used to construct the buildings. Founded by Spanish conquistadors in 1540, Arequipa offers some of finest examples of colonial architecture in Peru. There is a beautiful cathedral, a grand central plaza, several small churches and the unique Santa Catalina Convent. Explore the narrow cobbled streets and brightly painted cloisters of the convent, the most important religious monument in Peru.

Casa Andina Jerusalem / 1 x Traditional Room / Breakfast



09 Jun

Colca



Shared transfer by road (around 4 hours) to the Colca Canyon. You will stop en-route at points of interest including Pampa Canahuas to see vicunas and other wildlife, Patapampa to enjoy a cup of coca tea and Mirador de los Volcanoes for stunning views of the surrounding volcanoes. Arrive at the small town of Chivay in time for lunch at a local restaurant (included). 2-nights at the Casa Andina Hotel. The Casa Andina Colca is rustic, relaxed and intimate with individual stone casitas (with thatched or clay roofs), plant-lined walkways, an open-air patio with a centre fountain and the hotel's own vegetable garden. The hotel features an onsite planetarium and a spacious, pitched-ceiling restaurant serving breakfast, lunch and dinner — and local musicians and dancers performing Andean and Colca musical traditions. The hotel is ideally located to experience Colca Canyon and explore the breathtaking Valley – a place of ancient cultures and astounding natural beauty. Afternoon at leisure to relax in these stunning surroundings.

Casa Andina Colca / 1 x Traditional Room / Half Board

10 Jun

Morning shared guided visit to Condor's Cross and lunch at a local restaurant.

The Colca Valley contains some dramatic scenery with traditional villages and simple, colonial churches and the original Inca terracing is still farmed. The Colca River has carved the world's second deepest canyon, the head of which is one of the best places in South America to view condors gliding on the morning thermals.

Colca



Afternoon at leisure and dinner at your hotel.

Casa Andina Colca / 1 x Traditional Room / Half Board

11 Jun



Shared transfer Puno with stops at sites of interest and a picnic lunch en-route. 2-nights at La Hacienda Hotel. An excellent little colonial-style hotel, situated just a few minutes from the shores of Lake Titicaca. The La Hacienda serves a large buffet breakfast using fresh, local ingredients and guests can also enjoy a fusion of regional and international dishes for lunch and dinner in the hotel restaurant, overlooking the lake.

Puno

La Hacienda / 1 x Standard Room / Breakfast

12 Jun

Full day shared excursion on Lake Titicaca including lunch.

You will be met at the hotel and taken to Puno harbour to board a boat for your day excursion on Lake Titicaca. Straddling the Peruvian and Bolivian borders, Lake Titicaca is the largest lake in South America and the highest navigable lake anywhere in the world. Revered by the Incas, the brilliant blue waters of the lake are home to a number of small island communities. Closest to shore, the Uros Islands are constructed from reeds and actually float on the water, making walking on the islands a surreal experience. Sail further on to see both pre-Inca and Inca ruins on the traditional island of Taquile.

Puno



La Hacienda / 1 x Standard Room / Breakfast

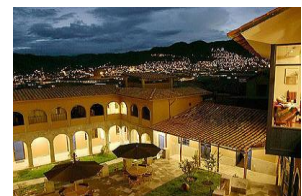
13 Jun



Private transfer to train station to board the Andean Explorer train to Cusco with lunch aboard (included). One of the most spectacular train journeys in the world, departing Puno at 8am across the high Altiplano arriving into Cusco at 6pm. The journey begins on the gentle, rolling Andean Plains, where vicuña and alpaca can be seen, before continuing through the magnificent Andean mountains, towering over the deep valleys of the meandering Huatanay River.

Cuzco

On arrival, private transfer to the Casa Andina San Blas for 2 nights. The Casa Andina Classic San Blas has a lovely peaceful location in the traditional San Blas quarter, 5 blocks away from the hustle and bustle of the Plaza de Armas. It boasts a beautiful central courtyard and wonderful views of Cusco from almost all of its rooms.



Casa Andina San Blas / 1 x Traditional Room / Breakfast

14 Jun

Cuzco



Shared tour of Cuzco and nearby Inca ruins.

At an altitude of 3400 metres, Cuzco is the most captivating town in the Peruvian Andes. Originally the capital of the Inca Empire, the town was built upon and expanded by the conquering Spanish. Consequently, the blend of these differing architectural designs has resulted in a unique cityscape and makes Cuzco a real 'must see' destination. You could easily spend a week exploring the city, as every street and square has a charm and history of its own. Many of the winding cobbled lanes are still flanked by original Inca high stone walls. Cuzco is a

fascinating place, with local markets, museums and Inca ruins waiting to be discovered.

Casa Andina San Blas / 1 x Traditional Room / Breakfast

15 Jun

Sacred Valley

Full day shared tour of the Sacred Valley including lunch at a local restaurant.

A short distance from Cuzco, the Sacred Valley stretches along the Urubamba River and is a beautiful region of rolling countryside and many well preserved Inca sites. The town of Pisac is renowned for the colourful artisans and antiques market held in the main plaza on a Sunday morning, although smaller markets are also held on Tuesdays and Thursdays. Hundreds of stalls fill the central square and sellers come from the surrounding villages, many of them remote populations high in the Andes, wearing the dress typical of their village. Even if you're not a committed shopper, it's an event you shouldn't miss! The small village of Ollantaytambo is one of the oldest recorded settlements in the Americas and is surrounded by snow-capped mountains. The fortress that looms high above the town witnessed one of the few Inca victories over the Spanish. Below the ruins, Ollantaytambo's old town is a splendid grid of streets dating to Inca times and lined with adobe brick walls, blooming bougainvillea and Inca water channels which still cut through the cobbled streets carrying rushing water down from the mountains.



Overnight in the Sacred Valley at La Casona de Yuca. Located deep in the Sacred Valley in the small town of Yuca the Casona de Yuca houses 53 comfortable rooms. This large antique colonial house was built in 1810 and all rooms have views of the colourful garden.

La Casona de Yuca / 1 x Standard Room / Breakfast

16 Jun

Inca Trail



Today will you will start your shared 3 nights / 4 day 'Inca Trail' trek.

You will be collected early from your hotel and will drive to Piskacuchu (2700m / 8856ft), a community located on the 82nd kilometre of the Cuzco -Machupicchu railroad, which is the starting point of the Inca Trail. You will begin the hike by crossing the bridge over the Urubamba River and walking along its left shore as it flows northwest along the Sacred Valley. Following the trail along a flat terrain, you will arrive in Miskay (2800m/9184ft), to then ascend and finally see, from an overlooking viewpoint, the impressive Inca city of Lactapata (2650m/8692ft). You will continue trekking along the valley created by the Kusichaca River, gradually climbing for about five hours until you reach the community of Wayllabamba (3000m / 9840ft), the site of

the first camp. All along the way you will enjoy spectacular views of the Vilcanota ridge on the opposite side of the Urubamba River, where the impressive Veronica peak reigns at 5832 metres above sea level. Not to mention the diversity of wild flora and fauna that can be found all along the valley.

Distance: 7.47miles (12 km) / Walking time: 5-6 hrs / Max altitude: 3000m (9840ft) / Campsite altitude: 3000m (9840ft)

17 Jun

You will wake up at around 6am and after breakfast, begin the most difficult part of the trek, which consists of an abrupt and steep ascent that stretches for 9 km. Along this climb, the landscape changes from sierra to puna (a dry and high area with little vegetation). On the way to the first mountain pass, the Abra Warmihuañusca (Dead Woman's Pass – 4200m/13776ft), you may see domesticated llamas and alpacas grazing on ichu, one of the few plants that grow at high altitude. You will also cross an area of the so-called cloud forest, which is the habitat for many different kinds of birds like hummingbirds and sparrows, and the Andean bear, which is also called the Spectacled Bear. It is recommended that on this day specially, your daypack is well stocked with sweets, chocolates and coca leaves to keep your sugar levels high, and help with altitude sickness. Immediately after the pass, you will descend into the Pacaymayo valley (3600m/11808ft), where you will camp after approximately 7hrs of hiking.

Distance: 6.84 miles (11 km) / Walking time: 6-7 hrs / Max altitude: 4200m (13,776ft) / Campsite altitude: 3500m (11,480ft)

Inca Trail



18 Jun



This is the longest day but also the most impressive and the most interesting, due the number of archaeological sites and the lush cloud forest area that you will cross, so rich in Andean flora and fauna. From Pacaymayo you will climb to the second pass, the Abra Runkurakay (3970m/13022ft). Halfway up, you will stop to visit the archaeological complex with the same name. This site, located at 3800m/12464ft, consists of a small oval structure that is believed to have served the purpose of a watchtower. After going over the pass, you will descend towards Yanacocha (Black Lagoon) and enter the cloud forest to finally arrive at Sayacmarca (3624m/11887ft). This is a beautiful complex made up of a semicircular construction, enclosures at different levels, narrow streets, fountains, patios and irrigation canals. Continuing up an easy climb, you will arrive at

the third pass, the Abra Phuyupatamarca (3700m/12136ft). Along this climb you can appreciate the magnitude of the Incas' ancient craft, by walking along paths semi-detached from the mountain, and seeing rocks that fill up ravines perfectly, saving the trail from the multileveled Andean geography.

You will go through an Inca tunnel to later arrive at the aforementioned pass and down to the complex of the same name. This is one of the most complete and best-preserved archaeological complexes along the Inca Trail to Machupicchu, and is located on the highest point of a mountain. Curiously, Phuyupatamarca means "town over the clouds". From above, one can observe a sophisticated sacred complex made up of water fountains with solid foundations, and also impressive views of the Urubamba River valley. You will continue your trek down the long descending stone steps that lead to Wiñaywayna (2650m/8692ft), an impressive Inca complex made up of an agricultural centre with numerous terraces, a religious sector and an urban sector, close to which your camp will be located. This campsite hosts a trekker lodge, a bar and bathrooms with hot shower facilities. After visiting the impressive archaeological site, you will enjoy a farewell dinner at our camp.

Distance: 9.94 miles (16 km) / Walking time: 8hrs / Max altitude: 3900m (12,792ft) / Campsite altitude: 2650m (8,692ft)

Inca Trail

19 Jun



Machu Picchu

On this fourth and last day you will get up at 0400 to leave Wiñaywayna an hour later and climb to Intipunku, or The Sun Gate. This will take an hour of hiking along a trail of flat stones on the edges of cliffs in highland jungle. From this fabulous spot, you will see the sunrise over the sacred citadel of Machu Picchu. From Intipunku descend into Machu Picchu, and 40 minutes later enter the citadel from the highest point through the "House of the Guardians". Descend to the control point where you will register and leave your backpacks. Begin a complete

guided tour of the Inca citadel that will take approximately 2 hours. You will then have free time to walk around the site, the valleys and mountains that surround it, or you can visit the Temple of the Moon and the fabulous Inca bridge. Lunch at the Inkaterra Café.

Distance: 2.49 miles (4km) / Walking time: 2hrs / Max altitude: 2700m (8829ft) / Machu Picchu altitude: 2400m (7,872ft)

***Includes:** services of 1 porter to carry up to 9kg of personal luggage per person, plus sleeping bag*
Please see the separate PDF for full details of Inca Trail inclusions and recommended packing list

Enjoy dinner and overnight at El Mapi Hotel in the town of Aguas Calientes below the site. El Mapi is a smart and contemporary hotel located just a few steps from the main square and the train station. There are 48 bright and airy rooms each with blackout curtains, 100% cotton sheets, down duvets, hypoallergenic pillows, cotton bath robes, natural herbal amenities, flat screen TVs and tight-focus reading lights. There is a comfortable lounge and bar and an informal cafe serving a range of food and drinks throughout the day.



El Mapi Hotel / 1 x Superior Room / Half Board

20 Jun



Cuzco

This morning you will rise early to catch a 6am bus up to the ruins for a second time (*bus ticket, entrance to the site and entrance to climb the peak of Huayna Picchu included / no guide*). Arriving at dawn means you will avoid the crowds and if the sky is clear the sunrise can be truly spectacular. In the afternoon, you will transfer to the train station to board your return Expedition train to Ollanta. On arrival, take a shared on arrival to the Casa Andina San Blas Hotel for overnight accommodation.

Casa Andina San Blas / 1 x Traditional Room / Breakfast

21 Jun

Amazon

Private transfer to the airport to meet a flight to Puerto Maldonado.

Depart Cuzco 10:30 Depart Puerto Maldonado 11:25

On arrival, shared transfer to Sandoval Lake Lodge for 2 nights. It is a short and incredibly dramatic flight from Cusco over the Andes and down into the Amazon Rainforest. On arrival at the airport in Puerto Maldonado you will be met and transferred to the harbour where you board your motorized canoe to take you deep into the rainforest. Located a 25 minute motor canoe ride down the River Madre de Dios from Puerto Maldonado, Sandoval Lake Lodge is perched above what many rainforest specialists feel is the most attractive lake in Southern Peru, if not in the entire Amazon. The whole complex is housed in one structure and includes 25 double occupancy rooms (all with private baths), hot showers, and a spacious dining room overlooking the lake. Sandoval is a particularly good choice for bird-watchers.





After arrival you will have lunch and a brief rest to avoid the early afternoon heat, and set off by boat or catamaran to explore the entire west end of the lake. Here, along the fringes of flooded palm forest you drift to the sounds of hundreds of Red-Bellied and Blue-and-yellow Macaws as they return to the palm forest for the night. Your viewpoint from the canoe often allows closer and more extended encounters with birds and mammals than on a typical forest trail hike, and you may witness feeding and mating behaviour. On Lake Sandoval monkeys, in particular, have almost lost their fear of humans. Return to the lodge around nightfall for dinner. After dinner you will take to the boats once more, in search of black caimans, which today are extremely rare in the Amazon, but still common in this protected lake. They grow up to 4m in length, and compete with the Giant Otters for their share of the fishing. On clear nights you will take the boat further out into the lake to get an unimpeded view of the vast southern sky, with its unfamiliar constellations and superb vistas of the Milky Way.

Sandoval Lake Lodge / 1 x Standard Room / Full Board & Shared Activities

22 Jun

Shared guided activities from your lodge. A pre-dawn wake-up call will enable you to be on the lake for sunrise and a hopeful encounter with the family of Giant Otters which frequent the lake and are most active at this time of day. Most of the fish-eating water birds around the lake actively fish in the early morning as well and this outing should provide excellent views and photographs of the prehistoric-looking Hoatzins. After returning for a late breakfast you set off into the cool under-story of the tall virgin forest near the lake to see some towering wild Brazil Nut trees and a demonstration of how our hosts collect, open and commercialize this important natural product.

Amazon



After returning for a late breakfast you will set off on a trail walk through the cool understory of the mighty primary rainforest that surrounds the lake. You will see the great Brazil-nut trees that are abundant here, and meet a local family – the only people permitted to live here permanently and harvest the natural bounty of the forest. They will show you how they collect the nuts, remove their shells and market this important forest product. After dinner you will have another chance to spot caiman on the lake, or perhaps take a night trail walk in search of the numerous creatures, including frogs, toads, owls, nighthawks, spiders and night monkeys, that make the forest such a different place during the night.

Sandoval Lake Lodge / 1 x Standard Room / Full Board & Shared Activities

23 Jun

Lima

After a dawn breakfast you will take a final, short paddle along the palm swamps of the west end of the lake in search of the resident Giant Otter family. From here, on clear mornings, you will see a glorious sunrise and its reflection in the open waters of the lake. Returning once more down the trail to the Madre de Dios River, you will return to Puerto Maldonado to catch your flight to Lima via Cuzco.

Depart Puerto Maldonado 11:55

Arrive Lima 15:00

On arrival, private transfer to the Allpa Hotel for an overnight stay.

Allpa Hotel / 1 x Standard Room / Breakfast

Depart

24 Jun

Morning shared tour of Lima.

Lima, the capital of Peru is a busy and lively city. Although modern architecture has replaced much of the traditional design, several fine colonial buildings still remain. Away from the centre, the fashionable areas of San Isidro and Miraflores are relaxing places to stay. There are a number of good museums, the best of which houses an extraordinary collection of pre-Columbian gold, silver and military arms. In the afternoon, transfer to the airport to meet your return international flight.



Depart Lima 20:10 Arrive Madrid 14:00 (on the 25th Jun)
Depart Madrid 17:20 Arrive London Heathrow 18:40

25 Jun

Arrive back into London Heathrow via Madrid.

Cost

The per person cost for the above itinerary in a double room would be: **£3465.00**

Includes

- International flights as listed.
- Internal flights as listed in economy class.
- All pre-payable airport departure taxes.
- Hotel accommodation as listed.
- Transfers as listed (on a shared basis unless specified as private).
- Meals as listed.
- Excursions as listed (on a shared basis unless specified as private).

Excludes

- Local departure taxes,
- Tips and gratuities.
- Any future currency surcharges.
- Any future airline fare, tax or fuel surcharges.*
**In the event of airfare /tax increases you will have the option to pay for your airfare in advance to avoid these increases.*

Please note

- This is a quotation valid for 7 days only from 19 August 2011.
- All flights, accommodation and services are subject to availability at the time of booking.

Booking Conditions

- 20% deposit is required to secure this booking. This will ensure that we can issue your internal flights immediately to secure the best flight times and prices for you.
- The final balance would be due 10 weeks prior to departure.

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